

SBFC Academy

“Rule of Two” / General SBFC Academy Policy

Created on 09.15.2020 / Last Updated 08. 08. 2025

SBFC Academy endorses the “Rule of Two” Guidelines as presented and outlined by the Canadian Soccer Association. All staff, volunteers and screened adults must follow the NCCP Golden Rule at all times.

Further clarification is to note, one on one interaction between trainers, or coaches must be avoided in all circumstances with the exception of medical emergencies.

Specific Areas of interest

Training and Competition Environment

- *A trainer or coach should never be alone with an athlete*
- *A trainer or coach should always have a second adult in earshot and eyesight when providing support to an individual athlete*
- *Where an athlete is first to arrive, the parent and or legal guardian should wait until a second athlete arrives before departing and likewise on departure*

Gender Identity

- *A trainer or coach of same gender athletes should be representative by that gender*
- *Where both genders are participating (co-ed), a trainer or coach of each gender should be represented. If a training or coach is not available in a specific gender, a screened volunteer of that gender should be invited to be present.*

Change or Meeting Rooms

- *A trainer or coach should never be alone with an athlete in a change room or closed meeting room*
- *Athletes or players shall never be left unsupervised for longer periods of time in a change room or meeting room. A trainer or coach must ensure and provide privacy but also maintain, have an unobstructed access to a change room or meeting room for emergency purposes.*

Travel

- *A trainer or coach shall implement a two man buddy system where players are in any public setting when travelling i.e. airport, foreign or unfamiliar facility venue, etc.*
- *Only a senior staff trainer or coach shall be assigned as a guardian with an applicable notarized consent form for any players travelling internationally without a parent. This ensures medical emergency decisions in critical situations can be made on behalf of the player if all attempts to reach a parent fails*
- *A trainer or coach should never be alone with an athlete even if they are assigned as a guardian for travel and emergency medical purposes*
- *A trainer or coach should never execute room checks alone and must have a second trainer or coach present*
- *A trainer or coach should never share a room with an athlete*
- *A trainer or coach should never be alone in a vehicle with an athlete*

Tournament and Events

- *A trainer or coach shall implement a two man buddy system where players are in any public setting when travelling i.e. airport, foreign or unfamiliar facility venue, etc.*
- *Where possible, players should socialize as a team pre and post games separate from Coaches and Parent groups. Players shall never be left unsupervised but will be provided boundaries applicable to coach interaction when at an eatery, hotel or event venue.*
 - *Coaches should eat at a separate table in eye and ear shot of the players*
 - *Coaches should never eat with parent(s) and interact in a way that may be perceived as favouritism*
 - *Coaches should lead by example in aspects of their travel and behaviour*

Transportation

- *A trainer or coach should not travel with, or provide transportation with membership athletes, guest athletes or parents in a personal vehicle.*
- *A trainer or coach should not be alone with an athlete in a vehicle where weather conditions maybe unfavourable. Alternative options must be made where any players without a parent support required shelter.*
- *A trainer or coach may travel with athletes, players when a coach bus is required for team travel.*
- *A coach or trainer should never be alone on the coach bus with an athlete*